Appendix VII

Types of Support and Services Available at The Hong Kong Sports Institute ("HKSI") for Elite Athletes
香港體育學院 ("體院") 提供予精英運動員之各項支援及服務

(Updated in March 2024)

Category of Athletes 運動員類別	Tier A Sports Scholarship Athletes A級精英項目獎學金運動員		Other Elite Athletes 其他精英運動員		Tier A Sports (Para-Sports) Scholarship Athletes A級精英項目獎學金（殘疾人運動）運動員		Other Para-Sports Elite Athletes 其他精英殘疾人運動員		
Type of Support / Services 支援/服務項目	**Elite/Junior/ Secondary Student 精英/青少年/中學生**	**Potential 潛質**	**IASS Athletes "個別精英運動員資助計劃" 運動員** *(Note 1)*	**SAG Athletes 體育訓練資助運動員**	**Elite 精英** *(Note 2)*	**Potential 潛質**	**IASS Athletes "個別精英運動員資助計劃" 運動員** *(Note 1)*	**Tier B Sports (Non-IASS Athletes) B級精英項目（非"個別精英運動員資助計劃"運動員）** *(Note 2)*	**SAGD Athletes 殘疾人體育訓練資助運動員**
Financial Support 財政資助									
1 Direct Financial Support Schemes to Athletes 對精英運動員的直接財政資助									
a) Elite Training Grant 精英訓練資助	✓		✓						
b) Elite Training Grant with Disabilities 殘疾人精英訓練資助					✓		✓	✓	
c) Sports Aid Grant 體育訓練資助				✓					
d) Sports Aid Grant for Athletes with Disabilities 殘疾人體育訓練資助									✓
e) Individual Athletes Support Scheme (Programme funding) 個別精英運動員資助計劃 (訓練經費)			✓				✓		
2 Hong Kong Athletes Fund 香港運動員基金									
a) Education Grant 教育資助	✓	✓	✓	✓	✓	✓	✓	✓	✓
b) Elite Athletes Performance Recognition Scheme (for full-time retired athletes) 精英運動員優秀表現嘉許計劃 (只適用全職退役運動員)	✓		✓		✓		✓	✓	
3 Incentive Awards for Major Games 優秀運動員獎勵計劃	✓	✓	✓	✓	✓	✓	✓	✓	✓
4 Outstanding Junior Athlete Awards 傑出青少年運動員選舉	✓	✓	✓	✓	✓	✓	✓	✓	✓
5 Elite Athlete Subsidy Scheme for Coach Education Courses 精英運動員資助訓劃 (教練培訓課程)	✓	✓	✓		✓	✓	✓		

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	Type of Support / Services 支援/服務項目	Elite/Junior/ Secondary Student 精英/青少年/中學生	Potential 潛質	IASS Athletes "個別精英運動員資助計劃" 運動員 *(Note 1)*	SAG Athletes 體育訓練資助運動員	Elite 精英 *(Note 2)*	Potential 潛質	IASS Athletes "個別精英運動員資助計劃" 運動員 *(Note 1)*	Tier B Sports (Non-IASS Athletes) B級精英項目（非"個別精英運動員資助計劃"運動員） *(Note 2)*	SAGD Athletes 殘疾人體育訓練資助運動員
Training and Competition Support 訓練及比賽支援										
6	Coaching 教練	✓	✓	✓*		✓**	✓**	✓*	✓**	
7	Local Training 本地訓練	✓	✓	✓*		✓**	✓**	✓*	✓**	
8	Overseas Training and Competitions 海外訓練及比賽	✓		✓*		✓**		✓*	✓**	
9	Equipment / Sports Gear 運動裝備 / 用具	✓		✓*		✓**		✓*	✓**	
10	Accident, Travel and Life Insurance 意外、旅遊 及 人壽保險	✓	✓	✓		✓	✓	✓		
11	Medical Insurance 醫療保險	✓		✓		✓		✓		
12	Use of Training Facilities Available at HKSI 使用體院現有的訓練設施	✓	✓	✓		✓	✓	✓		
13	Meals 膳食	✓		✓*		✓**		✓*		
14	Sports Science / Sports Medicine 運動科學 / 運動醫學	✓		✓		✓		✓		
15	Strength and Conditioning 體適能	✓	✓ *(Note 3)*	✓		✓	✓ *(Note 3)*	✓		
Athlete Education and Lifestyle Support 運動員教育及生活支援										
16	Athlete Development Programme 運動員發展計劃	✓		✓		✓		✓		
17	Education / Personal Development Guidance 教育/個人發展輔導	✓		✓		✓		✓		
18	Tutorial Support 學習支援	✓		✓		✓		✓		
19	Elite Athletes Continuing Education Subsidy 精英運動員進修資助	✓		✓		✓		✓		
20	Lam Tai Fai College Partnership School Programme Admission Application (Senior Secondary Education) 林大輝中學夥伴學校計劃入學申請（高中教育）	✓		✓		✓		✓		
	English Schools Foundation Partnership School Programme Admission Application (Senior Secondary Education) for full-time athletes 英基學校協會夥伴學校計劃入學申請（高中教育） (只適用全職運動員)	✓		✓		✓		✓		

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Type of Support / Services 支援/服務項目		Elite/Junior/ Secondary Student 精英/青少年/中學生	Potential 潛質	IASS Athletes "個別精英運動員資助計劃" 運動員 *(Note 1)*	SAG Athletes 體育訓練資助運動員	Elite 精英 *(Note 2)*	Potential 潛質	IASS Athletes "個別精英運動員資助計劃" 運動員 *(Note 1)*	Tier B Sports (Non-IASS Athletes) B級精英項目（非"個別精英運動員資助計劃"運動員） *(Note 2)*	SAGD Athletes 殘疾人體育訓練資助運動員
21	Nomination Scheme for Admission Application for local tertiary institutions established with MOU with HKSI athletes including the SALSA Scheme 申請報讀已與體院簽署合作備忘錄之大專院校的提名計劃(包括學生運動員學習支援及入學計劃)	✓		✓		✓		✓		
22	Athlete Hostel for full-time athletes 運動員宿舍 (只適用全職運動員)	✓		✓		✓		✓		
23	Social / Welfare Activities / Programme for full-time resident athletes 宿舍社交/福利活動 (只適用住宿全職運動員)	✓		✓		✓		✓		
24	Elite Athletes Work-experience Programme for full-time athletes 精英運動員工作體驗計劃 (只適用全職運動員)	✓		✓		✓		✓		
25	Car parking at HKSI 體院停車場	✓	✓	✓		✓	✓	✓		

Note 1: IASS = Individual Athletes Support Scheme: Athletes of Olympic/Asian Games or Paralympic/Asian Para Games Sports, who are not supported under Tier A sports and achieve Point 3-level or above according to the Elite Vote Scoring Table, are eligible to receive an annual programme funding (through the respective NSAs) to support the items marked with an " * " above.
個別精英運動員資助計劃: 根據精英資助評分表, 非「A級」精英體育及其項目爲奧運會/亞運會/殘奧運/亞殘會項目的運動員如取得3分或以上便符合此項計劃的資助資格, 每年可獲一筆訓練撥款(透過所屬體育總會), 用作以上有" * "號的項目開支。

Note 2: Funding under Tier A/Tier B sports (Para Sports) will be provided to the Para Sports NSAs to support the items marked with an " ** " above.
A級精英項目/B級精英項目資助可透過體院撥款給其所屬體育總會, 用作以上有" ** "號的支援/服務。

Note 3: Potential Athletes can only use the Strength & Conditioning facilities under a structured programme agreed and supervised by sports specific Coaches and Strength & Conditioning Coaches.
潛質運動員須在有系統訓練計劃下，獲所屬運動項目教練及體適能教練同意及監察，方可享用體適能訓練設施。